

WORKSHOP TRAININGS

WITH MARINDA

WHERE YOUR PARTICIPANTS TAKE **TANGIBLE ACTION** TO
END THE BURNOUT CYCLE AND DO WHAT THEY LOVE

WORKSHOPS INCLUDE

- - 8 STEPS TO MAKE YOUR DREAM PRACTICE INEVITABLE (MOST REQUESTED)
- - 3 CORE CONCEPTS REQUIRED TO DEVELOP AND LEAD YOUR DREAM PRACTICE
- - 8 THINGS YOU NEED TO KNOW TO ELIMINATE BURNOUT AND DO WHAT YOU LOVE
- - 6 KEY CONCEPTS TO MASTER TO CONFIDENTLY AND COMFORTABLY LEAD YOUR DREAM PRACTICE

THESE WORKSHOPS ARE PERFECT FOR:

PROVIDER ASSOCIATIONS LOOKING TO OFFER THEIR MEMBERS A
PROCESS TO CONFRONT AND ELIMINATE BURNOUT PERMANENTLY

WOMEN'S ASSOCIATIONS LOOKING TO INSPIRE THEIR MEMBERS TO HAVE
THE CONFIDENCE TO BE THE CARING AND COMPASSIONATE
PROVIDERS THAT THEY WANT TO BE AND TO DEVELOP,
LEAD AND EXPAND THE FULFILLING AND PROFITABLE
PRACTICES THEY LOVE.

UNIVERSITIES AND SCHOOLS LOOKING TO EDUCATE THE NEXT
GENERATION OF PROVIDER TO RECOGNIZE AND PREVENT THE BURNOUT
CYCLE, AND BE EMPOWERED AND INSPIRED TO DEVELOP AND LEAD THEIR
FUTURE PRACTICES

MAKING YOUR DREAM PRACTICE INEVITABLE

SPEAKER, COACH, AND HEALTHCARE CONSULTANT MARINDA NELSON EXPERIENCED
BURNOUT AFTER THE FIRST 18 YEARS OF HER HEALTHCARE CAREER, AND SHE LEFT THE
FIELD. YEARS LATER, FINDING HERSELF DRAWN BACK TO HEALTHCARE, SHE REALIZED
THAT HER PERSONAL DEVELOPMENT, LEADERSHIP TRAINING, AND COACHING
OFFERED A WAY TO BREAK THE BURNOUT CYCLE SHE HAD EXPERIENCED. WITH HER
PERSONAL STORIES OF OVERCOMING, SHE INSPIRES AND EQUIPS PROVIDERS TO
DEVELOP, LEAD, AND EXPAND THE FUN AND FULFILLING, AUTHENTIC, PROSPEROUS
AND PROFITABLE PRACTICE OF THEIR DREAMS.

CONTACT MARINDA DIRECTLY

575 / 277 - 9149

MARINDA@SPIRALCOACHINGANDCONSULTING.COM

SPIRALCOACHINGANDCONSULTING.COM

