- Developed the vision, team, and protocol to add Premium Surgeries. Resulted in an additional \$90,000 for practice (1st revenue cycle), also increased overall surgery cases by 30% and decreased provider stress.

MAKING YOUR DREAM PRACTICE INEVITABLE

- Doubled
Department revenue
In less than I year
And maintained an
Upward trajectory,
With less work for
Providers, while
Increasing patient
Satisfaction and
Staff morale.

FROM BORED AND BURNED OUT TO DOING WHAT YOU LOVE

CONFIDENTLY AND COMFORTABLY
DEVELOP, LEAD, AND EXPAND
YOUR
FUN AND FULFILLING,
AUTHENTIC,
PROSPEROUS AND PROFITABLE

"YES, EVEN IN OUR SMALLER
COMMUNITIES YOU CAN BE
THE PROVIDER YOU WANT TO
BE AND DEVELOP AND LEAD
THE PRACTICE OF YOUR
DREAMS."



- Process
Improvement and
Increase in team
Cohesiveness
Resulted in
Improvements in
Coding and billing. A
Previously missing
Modifier was noticed.
When rebilled
Resulted in an
Additional \$250,000
Revenue.

Speaker, Coach, and HealthCare Consultant Marinda Nelson experienced burnout after the first 18 years of her healthcare career, and she left the field. Years later, finding herself drawn back to HealthCare, she realized that her personal development, Leadership training, and coaching offered a way to break the burnout cycle she had experienced. With her personal stories of overcoming, she inspires and equips providers to develop, lead, and expand the fun and fulfilling, authentic, prosperous and profitable

PRACTICE OF THEIR DREAMS.



WORK WITH MARINDA

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MARINDANELSON

LEADERSINHEALTHCARE



WORKSHOP TRAININGS

WITH MARINDA

WHERE YOUR PARTICIPANTS TAKE **TANGIBLE ACTION** TO **END THE BURNOUT CYCLE** AND **DO WHAT THEY LOVE**

WORKSHOPS INCLUDE

- - 8 STEPS TO MAKE YOUR DREAM PRACTICE INEVITABLE (MOST REQUESTED)
- 3 CORE CONCEPTS REQUIRED TO DEVELOP AND LEAD YOUR DREAM PRACTICE
- - 8 THINGS YOU NEED TO KNOW TO ELIMINATE BURNOUT AND DO WHAT YOU LOVE
- 6 KEY CONCEPTS TO MASTER TO CONFIDENTLY AND COMFORTABLY LEAD YOUR
 DREAM PRACTICE

THESE WORKSHOPS ARE PERFECT FOR:

PROVIDER ASSOCIATIONS LOOKING TO OFFER THEIR MEMBERS A PROCESS

TO CONFRONT AND ELIMINATE BURNOUT PERMANENTLY



Women's Associations looking to inspire their members to have the confidence to be the caring and compassionate providers that they want to be and to develop, lead and expand the fulfilling and profitable practices they love.

Universities and schools looking to educate the next generation of provider to recognize and prevent the burnout cycle, and be empowered and inspired to develop and lead their future practices

MAKING YOUR DREAM PRACTICE INEVITABLE

Speaker, Coach, and HealthCare Consultant Marinda Nelson experienced burnout after the first 18 years of her healthcare career, and she left the field. Years later, finding herself drawn back to HealthCare, she realized that her personal development, Leadership training, and coaching offered a way to break the burnout cycle she had experienced. With her personal stories of overcoming, she inspires and equips providers to develop, lead, and expand the fun and fulfilling, authentic, prosperous and profitable practice of their dreams.

Contact Marinda Directly 575 / 277 - 9149

MARINDA@)SPIRALCOACHINGANDCONSULTING.COM SPIRALCOACHINGANDCONSULTING.COM

HELPING HEALTHCARE PROVIDERS GO FROM BORED AND BURNED OUT TO DOING WHAT THEY LOVE

REDREAM:

Break the burnout cycle to Develop. Lead and Expand Your Dream Practice

Burnout is a multibillion dollar problem in HealthCare with almost half of providers experiencing symptoms. Current methods of treatment for burnout create a cyclical experience instead of resolving the core issue.



BOOK MARINDA TO SPEAK AT YOUR NEXT EVENT

575/277-9149

<u>Spiralcoachingandconsulting.com</u> Marinda@spiralcoachingandconsulting.com

AFTER PROVIDERS HEAR MARINDA SPEAK, THEY WILL

- RECOGNIZE THE SYMPTOMS OF THE BURNOUT CYCLE AND KNOW THAT THEY CAN BREAK IT
- REALIZE THAT LEADERSHIP CAN BE FUN AND FULFILLING AS THEY EMPOWER AND UNIFY THEIR TEAMS, UTILIZING THAT MOMENTUM TO ACHIEVE THEIR GOAL
- RENEW THEIR COMMITMENT TO THEIR DREAM PRACTICE
- REGAIN THE CONFIDENCE AND CLARITY TO TAKE ACTIONABLE STEPS TOWARD A PRACTICE THEY LOVE

Speaker, Coach, and HealthCare Consultant Marinda Nelson **EXPERIENCED BURNOUT AFTER THE FIRST 18** YEARS OF HER HEALTHCARE CAREER, AND SHE LEFT THE FIELD. YEARS LATER, FINDING HERSELF DRAWN BACK TO HEALTHCARE, SHE REALIZED THAT HER PERSONAL DEVELOPMENT, LEADERSHIP TRAINING. AND COACHING OFFERED A WAY TO BREAK THE BURNOUT CYCLE SHE HAD EXPERIENCED. WITH HER PERSONAL STORIES OF OVERCOMING, SHE INSPIRES AND EQUIPS PROVIDERS TO DEVELOP, LEAD, AND EXPAND THE FUN AND FULFILLING, AUTHENTIC, PROSPEROUS AND PROFITABLE PRACTICE OF THEIR DREAMS.



YOUR DREAM PRACTICE IS INEVITABLE

THIS TALK IS PERFECT FOR:

PROVIDER ASSOCIATIONS LOOKING TO OFFER THEIR MEMBERS A PROCESS TO CONFRONT AND ELIMINATE BURNOUT PERMANENTLY

WOMEN'S ASSOCIATIONS LOOKING TO INSPIRE THEIR MEMBERS TO HAVE THE CONFIDENCE TO BE THE CARING AND COMPASSIONATE PROVIDERS THAT THEY WANT TO BE AND TO DEVELOP, LEAD AND EXPAND THE FULFILLING AND PROFITABLE PRACTICES THEY LOVE.

Universities and schools Looking to educate the next generation of provider to recognize and prevent the burnout cycle, and be empowered and inspired to develop and lead their future practices

YOU ARE THE PROVIDER WE WANT TO CONTINUE BEING A RESOURCE FOR OURSELVES, OUR FRIENDS, FAMILIES, AND OUR COMMUNITIES