# HELPING HEALTHCARE PROVIDERS GO FROM BORED AND BURNED OUT TO DOING WHAT THEY LOVE

#### **REDREAM:**

Break the burnout cycle to Develop, Lead and Expand Your Dream Practice

BURNOUT IS A MULTIBILLION DOLLAR PROBLEM IN HEALTHCARE WITH ALMOST HALF OF PROVIDERS EXPERIENCING SYMPTOMS. CURRENT METHODS OF TREATMENT FOR BURNOUT CREATE A CYCLICAL EXPERIENCE INSTEAD OF RESOLVING THE CORE ISSUE.

#### BOOK MARINDA TO SPEAK AT YOUR NEXT EVENT

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## AFTER PROVIDERS HEAR MARINDA SPEAK, THEY WILL

- RECOGNIZE THE SYMPTOMS OF THE BURNOUT CYCLE AND KNOW THAT THEY CAN BREAK IT
- REALIZE THAT LEADERSHIP CAN BE FUN AND FULFILLING AS THEY EMPOWER AND UNIFY THEIR TEAMS, UTILIZING THAT MOMENTUM TO ACHIEVE THEIR GOAL
- RENEW THEIR COMMITMENT TO THEIR DREAM PRACTICE
- REGAIN THE CONFIDENCE AND CLARITY TO TAKE ACTIONABLE STEPS TOWARD A PRACTICE THEY LOVE

Speaker, Coach, and HealthCare Consultant Marinda Nelson **EXPERIENCED BURNOUT AFTER THE FIRST 18** YEARS OF HER HEALTHCARE CAREER, AND SHE LEFT THE FIELD. YEARS LATER, FINDING HERSELF DRAWN BACK TO HEALTHCARE, SHE REALIZED THAT HER PERSONAL DEVELOPMENT, LEADERSHIP TRAINING. AND COACHING OFFERED A WAY TO BREAK THE BURNOUT CYCLE SHE HAD EXPERIENCED. WITH HER PERSONAL STORIES OF OVERCOMING, SHE INSPIRES AND EQUIPS PROVIDERS TO DEVELOP, LEAD, AND EXPAND THE FUN AND FULFILLING, AUTHENTIC, PROSPEROUS AND PROFITABLE PRACTICE OF THEIR DREAMS.



### YOUR DREAM PRACTICE IS INEVITABLE

THIS TALK IS PERFECT FOR:

**PROVIDER ASSOCIATIONS** LOOKING TO OFFER THEIR MEMBERS A PROCESS TO CONFRONT AND ELIMINATE BURNOUT PERMANENTLY

**WOMEN'S ASSOCIATIONS** LOOKING TO INSPIRE THEIR MEMBERS TO HAVE THE CONFIDENCE TO BE THE CARING AND COMPASSIONATE PROVIDERS THAT THEY WANT TO BE AND TO DEVELOP, LEAD AND EXPAND THE FULFILLING AND PROFITABLE PRACTICES THEY LOVE.

**Universities and Schools** Looking to educate the Next Generation of Provider to Recognize and Prevent the Burnout Cycle. And be empowered and inspired to Develop and Lead their future practices

YOU ARE THE PROVIDER WE WANT TO CONTINUE BEING A RESOURCE FOR OURSELVES, OUR FRIENDS, FAMILIES, AND OUR COMMUNITIES